

## Feed-back and new contributions: Formulary

Dear Colleagues,

Via the formulary on the next page (or online [↗ www.gaed.de](http://www.gaed.de)) you can share your experience and thus contribute to the future development of the *Vademecum* and to maintaining the best possible level of current knowledge in the practice of anthroposophic medicine worldwide.

### Three kinds of reporting are possible:

- 1) Confirm, refine, extend or question medicines or indications currently included in the *Vademecum*. This is especially requested for those indications requiring further experience in practice, usually documented in the “Comments” field of each indication.
- 2) Additional indications for medicines already included in the 1st edition.
- 3) Report on medicines and indications not yet included. You must have had repeatedly good experience with a medicine and be able to describe the indication and symptoms, dosage, effects, side effects, comedication and additional therapy recommendations, and limitations for a particular condition – in a way that allows a lesser experienced colleague to replicate your positive results. We also ask for a rough estimate of how many treatments you have given and how certain you are about the medicine’s efficacy. The details that are important in a holistic context, such as age, constitution and life situation, should be included where possible. Literature references are welcomed but not essential.

In all cases, please use the formularies provided and complete as fully – *but succinctly* – as possible and sign the declaration of consent for publication of your contribution.

We look forward to your contributions!

For the Editors

*Georg Soldner, Markus Karutz*

## Report to the editorial committee

### Formulary

Please use one formulary per medicine/indication and tick as appropriate:

- Feedback: Indications and medicines**  
(currently included in the Vademecum)
- Correction, amendment
  - Confirm effectiveness
  - Report non-effectiveness
  - Additional information
- New Indications and medicines** (see next page)
- New indication for a medicine currently included
  - New medicine and indication

### Feedback

Please provide detailed, succinct information where **relevant** to your feedback.

Medicine:

Manufacturer, country of manufacture:

Indication:

.....  
Confirm/refute effectiveness:

.....  
Comments, corrections, amendments:

.....  
Additional information:

.....  
Additional literature:

.....  
 **New indication for a medicine currently included in the Vademecum**

or

**New medicines and indications (not yet included)**

Please complete as fully and succinctly as possible.

.....  
Medicine:

.....  
Manufacturer, country of manufacture:

.....  
New indication (Diagnosis and clear description of symptoms, signs, causal factors, context, related conditions etc.):

.....  
Main diagnosis, signs and symptoms:

.....  
Related conditions, symptoms (if relevant):

.....  
Constitution:

.....  
Gender:

Male     Female

.....  
Age group:

.....  
Dosage (where relevant: dosage form, potency or variations thereof, amount, frequency of dosage and specific time of day and any special instructions for administration):

.....  
Dosage for adults:

.....  
Dosage for children: (Specify) <2 yrs, 2-6 yrs, 7-12 yrs:

.....  
Time until effective or until assessed as ineffective (according to indication/dosage):

.....  
First symptoms to improve, thus signalling onset of effectiveness:

.....  
Average treatment duration:

.....  
Side effects (repeatedly observed, to be expected):

.....  
Comedication:

.....  
Specific accompanying therapies (e.g. allopathic medication and interventions, art therapy, eurythmy therapy, rhythmical massage therapy, hydrotherapy, etc.):

.....  
Differential treatment suggestions and alternatives:

.....  
No. of cases successfully treated in this way (approx):

.....  
How sure are you that this medication was key to the successful outcome?

- Effectiveness certain / reliable  
 Effective  
 Effective in some cases  
 Effective in some cases, only a few observations
- .....

Literature:

.....

Declaration of consent:

I hereby consent to the publication of the above information in a future edition of the Vademecum of Anthroposophic Medicines published by the Gesellschaft Anthroposophischer Ärzte (GAÄD).

- Yes       No
- .....

I consent to the inclusion of my name in a future edition of the Vademecum of Anthroposophic Medicines published by the Gesellschaft Anthroposophischer Ärzte (GAÄD).

- Yes       No
- .....

Name:

Address:

Postal code.

City

Tel./Fax:

E-mail:

**After completion please send preferably via e-mail to:**

[vademecum@gaed.de](mailto:vademecum@gaed.de)

**Or print and post to:**

Vademecum Editorial committee  
Gesellschaft Anthroposophischer Ärzte (GAÄD)  
Roggenstr. 82, 70794 Filderstadt  
Germany

**Or by facsimile to:** +49 711.7799712